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English II Advanced
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Pandemic Essay

There was a time in my life where I felt as if I had purpose. I smiled more and was more joyous. I shed a less amount of tears. There was a time when the world felt like a safe place. It is now the future and I'm still in remembrance of the past memories I had once adored. Many say the pandemic has helped us open our eyes and live a different perspective but I never truly know if they're right.

Nature itself is a beautiful thing that was created as a way of us seeing the world for what it truly is. Nature is captivating and full of so many elements that could let alone make your heart smile. Flowers blooming and dancing together in unison. Trees as tall as a giant hovering over you enough to feel a sense of security. The Sun being so bright enough to the point it brings out a natural glow. I could say nature has helped me a vast amount and showed me the person I really am.

Over the course of the last few months, life has felt like an emotional rollercoaster . Whether it was from personal problems that i was dealing with inside of myself or problems that were shed light on in different forms. Social media played a big role in my life and changed me in a way I could never imagine. I woke up at times and genuinely saw a monster in the mirror because of the standards that are constantly put on me as a teenager. I am expected to have a top of the line body as if i'm an adult woman and have such an angelic face that eyes would be on me

everywhere i go. But that's not all. Racism has also changed me and showed me that the world is still very cruel. I have seen so many people die because of their skin color and it makes me see myself in them. I struggled finding myself again after reflecting on such problems that I don't feel are discussed enough. But I found something to help me find myself spiritually, and that was nature and what it has to offer.

Nature has helped me feel as if I'm alive. It is so much deeper than just going outside and seeing your surroundings. Nature helps me feel in touch with a person that I needed in my life. I see the person I want to become and blossom into and nature helps me do that. Nature fills me up with positivity and warmth and it pushes me to keep going. Nature makes me believe that manifestation and staying persistent are key to having a life you crave for. Opportunities i have never seen myself having come with being around nature.

I have started to realize the rarity of life a lot more now that I have spent time finding myself through nature. It has shown me to not care about the materialistic things but to appreciate the amount of chances I have been given to achieve significant things. I have started to love myself more because I took the time to reflect in nature and find myself. It was a journey and still will always be a journey as long as nature is around.

